



St. Mary the Virgin Anglican Church

Seventh Sunday after Pentecost – July 12, 2026

“The word is very near you; it is in your mouth and in your heart, so that you can do it.” *Deuteronomy 30. 14*

Welcome

We are delighted that you have joined us for worship.

The Parish of St. Mary the Virgin is a member of the Diocese of British Columbia and the Anglican Church of Canada. We are an inclusive and welcoming parish: the sacraments of the church (baptism, communion and marriage) are available to all people on equal terms. Christ welcomes you, and so do we. As a parish we acknowledge with gratitude that we live, work and play on the traditional lands of the Lekwungen peoples. We commit ourselves, as a settler church and people, to continue with our First Nations hosts on the journey of truth-telling, healing, and reconciliation.

The Collection Plate *has been placed at the back of the church for use as you arrive. During the Offertory hymn the plate will be placed on the Altar where it will be blessed. Please also consider one of the other available means of giving regularly: electronic donations on our website via CanadaHelps, or monthly direct debit donations via the PAR (Pre-Authorized Remittance program - details are available in a brochure at the entrance, or on the website: www.stmarysoakbay.ca/donate).*

Flower Dedications

If you would like to schedule a **Memorial Flower Arrangement** at the next opportunity, please contact Anne Underhill, aunderhill@stmarysoakbay.ca

10:00am Service

From the Book of Alternative Services

Minister of Welcome:	Mary Lawrence	Organist:	Janet Yonge
Presider:	The Rev'd Dyan Davison	Musicians:	St. Mary Singers
Preacher:	The Rev'd Dr John Macquarrie	Livestream:	Gillian Barlow
Eucharistic Minister:	Tony Barlow, Lori Hargreaves		

Please note that this service is being broadcast live on the Internet. By attending in person, you are acknowledging and consent to the fact that the video images of you may appear online.

*In the service order, words set in **bold italic type** are said by the congregation.*

THE COMMUNITY GATHERS BEFORE GOD

PRELUDE

WELCOME

HYMN

Worship the Lord in the Beauty of Holiness (385)

1. Worship the Lord in the beauty of holiness;
bow down before him, his glory proclaim;
gold of obedience and incense of lowliness
bring, and adore him: the Lord is his name!
2. Low at his feet lay thy burden of carefulness;
high on his heart he will bear it for thee,
comfort thy sorrows, and answer thy prayerfulness,
guiding thy steps as may best for thee be.
3. Fear not to enter his courts in the slenderness
of the poor wealth thou canst reckon as thine;
truth in its beauty and love in its tenderness,
these are the offerings to lay on his shrine.
4. These though we bring them
in trembling and fearfulness,
he will accept for the name that is dear,
mornings of joy give for evenings of tearfulness,
trust for our trembling, and hope for our fear.

5. Worship the Lord in the beauty of holiness;
bow down before him, his glory proclaim;
gold of obedience and incense of lowliness,
bring, and adore him: the Lord is his name!

GREETING

The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit
be with you all.

And also with you

CENTRING STILLNESS

Silence is kept.

COLLECT OF THE DAY

God of the earth, *all creation awaits your gift of new life. Prepare our hearts to receive your Word so that it may grow within us and yield a hundredfold harvest; through Jesus Christ, the Sower.*
Amen.

Opening Prayers (1997) alt.

The congregation sits

THE STORY OF FAITH IS PROCLAIMED

A Statement on the Lectionary Readings

Throughout Christian history, references to “the Jews” in scripture—particularly in John and Acts—have been used to perpetuate negative stereotypes and falsely assign blame for the death of Jesus. These references gloss over significant distinctions among religious leaders, such as Pharisees, scribes, and Sadducees, and obscure the fact that Jesus and his disciples were themselves Jews. As Christians, we confess and lament the history of anti-Judaism associated with these texts. We renounce the evils of violence and discrimination against Jewish people. We strive for mutual understanding, respect, and partnership with Jewish neighbors and commit ourselves to the work of reconciliation among people of all faiths.

READING FROM THE HEBREW SCRIPTURES

Genesis 25. 19-34, Sean Steele

¹⁹These are the descendants of Isaac, Abraham’s son: Abraham was the father of Isaac, ²⁰and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. ²¹Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. ²²The children struggled together within her; and she said, ‘If it is to be this way, why do I live?’ So she went to inquire of the Lord. ²³And the Lord said to her,

‘Two nations are in your womb,
and two peoples born of you shall be divided;
one shall be stronger than the other,
the elder shall serve the younger.’

²⁴When her time to give birth was at hand, there were twins in her womb. ²⁵The first came out red, all his body like a hairy mantle; so they named him Esau. ²⁶Afterwards his brother came out, with his hand gripping Esau’s heel; so he was named Jacob. Isaac was sixty years old when she bore them.

²⁷When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. ²⁸Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob.

²⁹Once when Jacob was cooking a stew, Esau came in from the field, and he was famished.

³⁰Esau said to Jacob, ‘Let me eat some of that red stuff, for I am famished!’ (Therefore he was called Edom.) ³¹Jacob said, ‘First sell me your birthright.’ ³²Esau said, ‘I am about to die; of what use is a birthright to me?’ ³³Jacob said, ‘Swear to me first.’ So he swore to him, and sold his birthright to Jacob. ³⁴Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

Holy word, holy wisdom.

Thanks be to God.

PSALM 119. 105-112

Your word is a lantern to my feet
and a light upon my path.

***I have sworn and am determined
to keep your righteous judgements.***

I am deeply troubled;
preserve my life, O Lord, according to your word.

***Accept, O Lord, the willing tribute of my lips,
and teach me your judgements.***

My life is always in my hand,
yet I do not forget your law.

*The wicked have set a trap for me,
but I have not strayed from your commandments.*

Your decrees are my inheritance for ever;
truly, they are the joy of my heart.

*I have applied my heart to fulfil your statutes
for ever and to the end.*

Glory to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now, and will be forever. Amen.

READING FROM THE NEW TESTAMENT LETTERS

Romans 8. 1-11, Sherry Armstrong

¹There is therefore now no condemnation for those who are in Christ Jesus. ²For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. ³For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, ⁴so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. ⁵For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. ⁶To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. ⁷For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, ⁸and those who are in the flesh cannot please God.

⁹But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. ¹⁰But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. ¹¹If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Hear what the Spirit is saying to the Church.

Thanks be to God.

GOSPEL HYMN

You are Salt for the Earth (502)

1. You are salt for the earth, O people:
salt for the Kingdom of God!
Share the flavor of life, O people:
life in the Kingdom of God!

Refrain:

*Bring forth the kingdom of mercy,
bring forth the kingdom of peace;
bring forth the kingdom of justice,
bring forth the city of God!*

2. You are a light on the hill, O people;
light for the city of God!
Shine so holy and bright, O people:
shine for the kingdom of God! R

3. You are a seed of the Word, O people:
bring forth the kingdom of God!
Seeds of mercy and seeds of justice
grow in the kingdom of God! R

4. We are a blest and a pilgrim people
bound for the kingdom of God!
Love our journey and love our homeland:
love is the kingdom of God! R

GOSPEL

Matthew 13. 1-9, 18-23

Before the Gospel is read, the reader says:

God is with you.

And also with you.

The Good News of Jesus according to Matthew.

Glory to you, Lord Jesus Christ.

¹That same day Jesus went out of the house and sat beside the lake. ²Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. ³And he told them many things in parables, saying: 'Listen! A sower went out to sow. ⁴And as he sowed, some seeds fell on the path, and the birds came and ate them up. ⁵Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. ⁶But when the sun rose, they were scorched; and since they had no root, they withered away. ⁷Other seeds fell among thorns, and the thorns grew up and choked them. ⁸Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. ⁹Let anyone with ears listen!'

¹⁸'Hear then the parable of the sower. ¹⁹When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. ²⁰As for what was sown on rocky ground, this is the one who

hears the word and immediately receives it with joy; ²¹yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. ²²As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. ²³But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.'

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

RESPONDING TO THE WORD

SERMON

ANTHEM

Ave verum corpus, Mozart

AFFIRMING OUR FAITH

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, (+) the resurrection of the body, and the life everlasting. Amen.

PRAYERS FOR OURSELVES AND THE WORLD

Sean Steele

The congregation stands, sits, or kneels.

God you are our salvation.

You are the hope of us all.

In your prayers this week remember those in need of healing and care. In our diocese of islands and inlets pray for Anna, our Bishop; John, our Metropolitan; Chris, our National Indigenous Anglican Archbishop; and Shane, our Primate; for St Mary, Nanoose Bay and their clergy; pray for the Territory of the People, and Bishop Clara Plamondon. In the Church further afield, pray for Province of the Episcopal Church of South Sudan. Pray for the Board of the Canadian College of Performing Arts, and for the families of the Oak Bay Preschool.

PEACE

The congregation stands

The peace of the Lord be always with you. Alleluia!

And also with you. Alleluia!

Remaining in our places, we share signs of Peace with those around us.

THE SACRED MEAL IS SHARED

For safety, the Collection Plate has been placed at the back of the church for use as you arrive. It will be moved to the front of the church during the Offertory hymn and placed in a location where you may place your gifts as you come to receive Communion.

Please also consider one of the other means of giving that do not require our volunteers and staff to handle cash and cheques: electronic donations on our website via CanadaHelps, or bi-weekly or monthly direct debit donations via our diocesan Electronic Collection Plate (details are available in a brochure at the entrance, or on the website: www.stmarysoakbay.ca/donate).

OFFERTORY

You Who Dwell in the Shelter of the Lord (531)

1. You who dwell in the shelter of the Lord,
who abide in his shadow for life,
say to the Lord: "My refuge,
my rock in whom I trust!"

Refrain:
And he will raise you up on eagle's wings,
bear you on the breath of dawn,
make you to shine like the sun,
and hold you in the palm of his hand.
2. Snares of the fowler will never capture you,
and famine will bring you no fear:
under his wings your refuge,
his faithfulness your shield. R
3. You need not fear the terror of the night,
nor the arrow that flies by day;
through thousands fall about you,
near you it shall not come. R
4. For his angels he's given a command
to guard you in all of your ways;
upon their hands they will bear you up,
lest you dash your food against a stone. R

PRAYER OVER THE GIFTS

God of all creation, all you have made is good, and your love endures forever. You bring forth bread from the earth and fruit from the vine. Nourish us with these gifts, so that we might for the world signs of your gracious presence in Jesus Christ, our Saviour and Lord. **Amen.**

Evangelical Lutheran Worship (2006) alt

THE CELEBRATION OF THE EUCHARIST

The Book of Alternative Services, Eucharistic Prayer 1

The congregation remains standing, as they are able

The Lord is with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

The prayer continues until:

Therefore, with them, and with all your saints who have served you in every age,
we give thanks and raise our voices to proclaim the glory of your name.

sung: 735

Holy, holy, holy Lord, God of power and might,

Holy, holy, holy Lord, God of power and might

Heaven and earth are full, full of your glory.

Hosanna in the highest. Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest, hosanna in the highest.

The prayer continues until:

Therefore we proclaim our hope.

Dying you destroyed our death,

rising you restored our life.

Lord Jesus, come in glory.

The prayer continues until:

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit,
all glory is yours, almighty Father, now and for ever.

Amen.

THE LORD'S PRAYER

Let us pray with confidence as our Saviour has taught us:

***Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.***

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil.

***For the kingdom, the power, and the glory are yours,
now and for ever. Amen.***

Silence is held

THE BREAKING OF THE BREAD

We break this bread
to share in the body of Christ.

***We, being many, are one body,
for we all share in the one bread.***

The gifts of God for the people of God.

Thanks be to God.

THE COMMUNION

All are invited to receive Communion.

The sacrament will be offered in both kinds (bread and the common cup) but be assured that in the Anglican Church of Canada it has always been our tradition that receiving only one of the elements is considered full Communion. Gluten-free wafers for communion are available. Please request it from the person who is distributing the bread.

If you do not wish to receive Communion, you are also welcome to come forward to receive a blessing. This is signified by folding your hands across your chest as you approach the presider.

COMMUNION MUSIC

King of Glory, King of Peace (345)

1. King of glory, King of peace,
I will love thee;
and that love may never cease,
I will move thee.
Thou hast granted my request,
thou hast heard me;
thou didst note my working breast,
thou hast spared me.
2. Wherefore with my utmost art
I will sing thee,
and the cream of all my heart
I will bring thee.
Though my sins against me cried,
thou didst clear me;
and alone, when they replied,
thou didst hear me.

3. Seven whole days, not one in seven,
I will praise thee;
in my heart, though not in heaven,
I can raise thee.
Small it is, in this poor sort
to enrol thee:
even eternity's too short
to extol thee.
-

WE ARE SENT INTO THE WORLD

PRAYER AFTER COMMUNION

O God, we give you thanks that you have set before us this feast, the body and blood of your Son. By your Spirit strengthen us to serve all in need and to give ourselves away as bread for the hungry, through Jesus Christ our Lord. **Amen.**

Evangelical Lutheran Worship (2006) alt.

COMMUNITY NOTES

GLORY TO GOD

The congregation stands

Glory to God, ***whose power working in us can do infinitely more than we can ask or imagine. Glory to God, from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.***

BLESSING

HYMN

Jesus Christ is Waiting (tune: Noel Nouvelet)

- | | |
|---|--|
| 1. Jesus Christ is waiting,
Waiting in the streets;
No one is his neighbour,
All alone he eats.
Listen, Lord Jesus,
I am lonely too.
Make me, friend or stranger,
Fit to wait on you | 2. Jesus Christ is raging,
Raging in the streets,
Where injustice spirals
And real hope retreats.
Listen, Lord Jesus,
I am angry too.
In the Kingdom's causes
Let me rage with you. |
|---|--|

3. Jesus Christ is healing,
Healing in the streets;
Curing those who suffer,
Touching those he greets.
Listen, Lord Jesus,
I have pity too.
Let my care be active,
Healing just like you.

4. Jesus Christ is dancing,
Dancing in the streets,
Where each sign of hatred
He, with love, defeats.
Listen, Lord Jesus,
I should triumph too.
On suspicion's graveyard
Let me dance with you.

5. Jesus Christ is calling,
Calling in the streets,
"Who will join my journey?
I will guide their feet."
Listen, Lord Jesus,
Let my fears be few.
Walk one step before me;
I will follow you.

DISMISSAL

Go in peace to love and serve the Lord.

Thanks be to God.

POSTLUDE

The musical postlude is a part of worship, extending the beauty of holiness so that the congregation can remember and give thanks for our encounter with God's Word as it has been experienced this day. You are invited to use this time for reflection, remaining seated.



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Incumbent: The Venerable Craig Hiebert (*on sabbatical*)

Priest Associate: The Reverend Dyan Davison
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